#### Abstract ID 7210\_14 840 / NUK 024

# Carbon-11. The Unique, yet Neglected Radionuclide for Drug Research

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<u>Compounds labelled with carbon-11</u> (radiopharmaceuticals / tracer) allow to "*trace*" biochemical processes within the organism without alterations, thus it is possible

- · to evaluate new compounds in drug studies and
- to assay metabolic functions.

#### **Short half-life of 20 min:**

→ No problem in radiosyntheses and biological / clinical evaluations by repeated studies.

# **Emission of Positrons:**

 $\rightarrow$  Registration by  $\gamma$ - $\gamma$ -coincidence, small animal PET, PET/CT or PET-MRT.

### **Technical improvements:**

Self-shielded cyclotrons → no need for special buildings to house the cyclotron, Automated synthesis modules → handling very high activities in closed systems.

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### **Unique features of labelling with carbon-11:**

- no alteration of physiological properties,
- mass of handled activities below 10<sup>-6</sup> g in a whole body dose.
- radiosynthesis of any compound can be realized in any radiochemical lab.

#### **Direct consequences:**

Assay of metabolic processes as they are directly on-going within the organism. Development of new drugs:

- 1. Biodistribution and pharmacokinetics in small animals by PET.
- 2. Translation to patients by PET measurement applying the European *Concept of Microdosing* (≤ 100µg) by EMEA / CPMP, July 2003, *thus* no need for costly / lengthy toxicology evaluations.